Healthy Strides
COMMUNITY ACTIVITY PROGRAM

Scenic Bluffs COMMUNITY HEALTH CENTERS

You can submit activity to:

- Ashley Hemmersbach 654-5100
- Bev Bjornstad 654-7704
- Carol Hultberg 654-7964
- Rose Mullenberg 654-5364
- Enid Neubauer 654-7677

Visit: **www.scenicbluffs.org/healthystrides**

Directions:

Step 1: List your activity

Step 2: List your time

Participant Name:_____

Date	Activity	Time

Date	Activity	Time