



Position Description

Position Title: Massage Therapist
Department: Medical
Reports To: Clinician as Supervisor – BH & CAM
Status: Exempt

Summary

Provide massage therapy for clients who endure tension headaches and similar complaints on a daily basis. We specialize in relieving tension and promoting healthy mindsets among our customers

Duties & Responsibilities

- Provide 30- to 50-minute massages
- Design sessions around clients' specific complaints or problem areas
- Listen to clients during massages and adjust technique to meet their needs
- Assess clients' soft tissue condition, joint quality and function, muscle strength, and range of motion.
- Document health histories and any problems with stress and/or pain in order to determine whether massage would be helpful.
- Develop and propose client treatment plans that specify which types of massage are to be used.
- Utilize usual and customary massage therapy techniques in order to provide courses of treatment for medical conditions and injuries or wellness maintenance.
- Consult with other Health Center professionals (chiropractor, physician, nurse practitioner, mental health therapists, dentists, dental hygienists) as needed in order to develop treatment plans for clients including referrals as appropriate.
- Maintain treatment records.
- Provide clients with guidance and information about techniques for postural improvement, and stretching, strengthening, relaxation and rehabilitative exercises.
- Recommend complementary aids, such as wet compresses, ice, and whirlpool baths in order to promote clients' recovery, relaxation and well-being.
- Maintain work area in neat orderly and organized manner
- Promote the mission, vision and values of the organization in all interactions
- Report to work as scheduled
- Other duties as assigned

Qualifications

The individual must respect the confidentiality of patient information while performing job duties and establish and maintain effective working relationships with patients, employees and public.

Education and/or Experience

- Current and valid state license for massage therapy
- Experience working in a spa or therapy center environment, with at least 3 years' experience preferred as a licensed therapist
- Excellent customer service skills

Communication Skills

The individual must possess strong oral and written communication skills and the ability to speak effectively before groups of customers or employees of an organization. Communicate with patients, families, communities, other health professionals and co-workers in a responsive and responsible manner to support a team approach to the maintenance of health and the treatment of disease. Engage others, appropriate to the specific care situation, in shared patient-centered problem solving.

Computer Skills

Daily use of a computer to properly document patient records and engage in regular workplace electronic communications

Physical Demands

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Work may require sitting or standing for long periods of time; also stooping, bending, kneeling, squatting, twisting, stretching and walking short distances frequently
- Occasionally lifting 50 pounds or more
- Requires manual dexterity sufficient to operate a keyboard, telephone, copier and other such equipment
- Possesses sight and hearing senses to function adequately so that the requirements of this position can be fully met.

Work Environment

Work is performed in a general office setting. Interaction with others is frequent and interruptive. Work may be stressful at times. Work hours include some evenings and otherwise are generally during normal business hours and average no more than 40 hours/week for full time employees, 30 hours/week for limited full time employees and less than 29 hours/week for part time employees.

Acknowledgement

This job description describes the general nature and level of work performed by employees assigned to this position. It does not state or imply that these are the only duties and responsibilities assigned to the job. All requirements are subject to change over time and to possible modification to reasonably accommodate individuals with a disability.

Employee Signature

Date